	Name.first	*Name.last*	*Gender*	*Time (mins)*	*Height Gain*	*Age*	*Talbot Time (minutes)*	***Age Grading Time (based off Talbot Time)***	*Club and/or Country*
1	Chris	Mclean	Male	79	**684**	31	52	**52m**	Cerist Tri Club
2	Ronnie	Hollington	Male	70	229	39	61	**59m 31s**	Ebc
3	Arwel	Price	Male	90	376	61	74	**59m 53s**	Cerist Tri
4	Brad	Williams	Male	65	103	26	61	**1:01:00**	North Endurance
5	Sam	White	Male	79	424	40	62	**1:00:10**	
1	Janet	Haynes	Female	80	175	54	73	**1:01:07**	Mounts Bay Harriers/Cornwall
6	Bedwyr	Fychan	Male	85	457	42	67	**1:03:59**	Clwb Triathlon Cerist
7	Gary	Thapa	Male	80	254	46	70	**1:04:42**	Cerist Tri Club
8	Paul	Williams	Male	67	31	38	66	**1:04:46**	North Endurance
2	Marissa	O'Leary	Female	89	525	42	68	**1:04:49**	New Zealand, Christchurch
9	Gareth	Jenkins	Male	83	418	36	66	**1:05:21**	United Kingdom
10	Ian	Hawley	Male	73	187	35	66	**1:05:35**	Ripley Running Club
11	Paul	Clarke	Male	77.00	56	50	74	**1:06:07**	North Endurance
12	Andrew	Laker	Male	73	120	39	68	**1:06:21**	United Kingdom
13	Gavin	Hough	Male	74	107	41	70	**1:07:23**	Lonely Goat Running Club (UK)
3	Karen	Bowman	Female	80	185	43	73	**1:08:12**	UK
14	Daniel	Williams	Male	75	99	32	71	**1:10:58**	United Kingdom
15	Patrick	Breen	Male	73	37	36	72	**1:11:18**	North Endurance
16	Stephen	Taylor	Male	75	36	40	74	**1:11:41**	North Endurance
17	Craig	Garfield	Male	98	430	50	81	**1:12:22**	Wales
4	Diane	Heyder-Bruckner	Female	92	440	35	74	**1:13:16**	Aberystwyth AC
5	Sarah	Barham	Female	99	209	56	91	**1:14:20**	3M Gorseinon Road Runners
18	Martin (Slab Head)	staehr	Male	78.00	72	30	75	**1:14:59**	Club Gander
19	Paul	Skipper	Male	80	52	39	78	**1:16:07**	
20	Pete	Scott	Male	88	167	44	81	**1:16:37**	Gloucestershire, England
21	Brendan	Moon	Male	84	128	36	79	**1:18:14**	
6	Leanne	O'Leary	Female	90	99	46	86	**1:19:08**	North Endurance
22	Stuart	Hough	Male	89	97	43	85	**1:20:31**	United Kingdom
23	Ed	Parry	Male	83	51	34	81	**1:20:42**	
24	David	Calboutin	Male	88	60	43	86	**1:21:28**	United Kingdom
25	Anthony	Mccluskey	Male	98	143	51	92	**1:21:55**	United Kingdom
26	Geoff	Shaw	Male	101	321	45	88	**1:22:15**	
27	James	Desmond	Male	107	600	34	83	**1:22:42**	United Kingdom
28	Martin	Rowlands	Male	87	78	35	84	**1:23:28**	
7	**Angie**	**Edwards**	Female	150	**710**	68	122	**1:24:13**	Machynlleth
8	Alice	Green	Female	95	93	45	91	**1:24:34**	Penny Lane Striders
29	Michael	McIver	Male	90	75	38	87	**1:25:22**	Uk
30	Tony	Storry	Male	94	20	43	93.2	**1:28:07**	Hoylake Rugby Club
9	Nikara	Mahadeo	Female	97	173	31	90	**1:30:02**	South Africa
31	john	williams	Male	147	616	68	122	**1:32:10**	Cerist Tri club
32	Chris	Laughton	Male	109	11	56	109	**1:32:23**	Cerist Tri
33	Wendell	Junia	Male	111	284	45	100	**1:33:11**	United Kingdom
10	Sian	Jenkins	Female	129	197	51	121	**1:45:07**	Ogmore Phoenix Runners Wales
11	Jo	Otteson	Female	122	52	49	120	**1:46:47**	#TeamTwinkle
12	Claire	Thapa	Female	146	537.4	49	124	**1:50:20**	
34	Dan	Attridge	Male	142	71	43	139	**2:11:40**	
13	Jacinta	MacDermot	Female	194	588	53	170	**2:24:08**	